WATER BIRTH CONFERENCE - FOR PARENTS

Sponsored by: Inanna Birth & Women's Care and The Consortium of Certified Texas Nurse Midwives - DFW chapter

September 26, 2013 Time: 6:30-8:30pm

Cost: Free community service

Please RSVP to: <u>birthpower1@verizon.net</u> or call Inanna Birth and Women's Care at: (940) 483-1569

An evening of discussion about the use of water for labour and birth.

Dianne Garland will discuss the potential benefits of using Waterbirth for you and your baby.

Who can use water and when may it not be the most beneficial option to stay in the water.

How can you prepare yourself and you partner for using water, and what role may your birth companions play during water labour and birth.

We will highlight how as midwives we care and monitor you and your baby during labour.

And finally we will show you a short film of a Waterbirth.

Throughout the evening Dianne and other midwives will be available to answer any questions

Emily Fowler Central Library, Community Room 502 Oakland St, Denton

Dianne Garland

Dianne has been a midwife since 1983 and teaching about waterbirth since 1989. Her work has taken her all over the world, from Australia, China, United States and India. She has written numerous articles with a new version of her book "Revisiting Waterbirth – an Attitude to Care" published by Palgrave Dec.2010.

Dianne works as an expert witness, University lecturer and maintains her clinical skills on a midwife led and consultant unit at a local hospital. She is director for clinical governance for Waterbirth International and a Waterbirth consultant to Wenzhou Oriental maternity unit China.

In 2005 Dianne became freelance to expand these roles within her company <u>www.midwifeexpert.com</u>.

2010 Dianne became a trustee to APEC.2012 Appointed professional advisor to CQC2013 Gentle birth guardian



